

Referrals

Self

If you would like to arrange a confidential self-referral, please contact us to book an initial consultation. You will need to complete a signed intake and agreement form during the session.

Minor

If you would like to arrange an assessment for a minor, please call or email to arrange an initial telephone consultation for further discussion.

Insurance

We welcome working with Insurance companies to support their clients move forward following traumatic events or life stopping concerns. Please telephone or email for further information.

GP

We welcome referrals from GPs and Consultants. Please contact us to discuss how we can help your client.

Schools

Working with Teachers and Special Educational Needs Co-ordinators, it is important, when working with children, to ensure that schools are onboard and understand the individuals difficulties. Schools are often very aware of the concerns facing the children in their charge and welcome professional partnership advice.